

## Giving Kids a Clean Start

ZIM-SIZ-KCS-P01



Bulawayo area, Zimbabwe



Water

Budget \$32,000

Project Timeline

FULLY FUNDED

DEC 21

DEC 22



### Overview

This project addressed the risk of poor sanitation and water-borne diseases. Entrust supported the construction of 10 (out of a total of 40) child-friendly pit latrines in 5 (out of 20) rural primary schools in the Bulawayo region.

A full week's program of Participatory Health and Hygiene Education (PHHE) was held in each school and included training in soap-making using low-cost materials. The programs involve a hands-on, participatory style of teaching through drama, song and dance. School health clubs, comprising students and supervising teachers, were also formed to keep up active interest and participation in healthy sanitation habits for the long-term. Clean water makes a huge difference in a community!

### Objectives

### Impact



10 latrines built in 5 rural schools

10 latrines in 5 schools were constructed in compliance with government standards and were monitored by local officials. The community contributed bricks, river sand and water and labour to dig the pits. An official handover ceremony was held.



PHHE training in 15 schools for 6712 students

One-week PHHE sessions were held for 3364 boys and 3348 girls. Topics included taking care of your body, your school, water and hygiene and managing waste. Each school received 10 extra workbooks for the health clubs.



15 School Health Clubs established

7 Health Clubs were established and 8 reinvigorated so they can continue health awareness and promote clean facilities. Clubs enhance the effectiveness, sustainability and impact of the program, and extend information into the community.



Training in soap-making

Soap making is proving to be vital for encouraging schools to budget for and maintain hygiene supplies, and so sustain good hygiene practices. It also provides an extra income stream to cover the cost of materials.



### Life change

- Clean water reduces illness and increases school attendance and capacity to learn
- Improved health and hygiene practices enables children to take better care of themselves for the long-term
- Teachers are better equipped to provide ongoing guidance and carry on the WASH training with a comprehensive curriculum
- Families will benefit as knowledge is transferred from school to home



## Nomvelo's Story

"I am 13 years old and live with my parents and three siblings. I joined a health club when the visiting team encouraged us to start one so we could teach others about hygiene. We learned a lot about health and hygiene and they encouraged us to always wash our hands to prevent diarrhoea. They taught us about water sources and how to make water safe by boiling or getting purifying tablets from the clinic. We also learnt about recycling and reusing water, such as reusing water bottles for drinking. When my brother had diarrhoea, I was able to help by making up the oral rehydration solution we had been taught."



Soap-making training was held in all 15 schools and was open to all staff as well as community and health club representatives. 168 people in total were trained

## Mr Shereni's story

I am the Health Club teacher, leading a group of 20 student members. Each meeting we look at different issues around health and hygiene and learn First Aid. Our members are the foot soldiers, performing the important job of monitoring health and hygiene at school. The visiting training team made a huge difference, captivating us with their fun teaching methods and songs, which is more effective than conventional teaching styles. I have noticed significant improvements in the adoption of good health practices. As a club, we have introduced some positive changes to how we do things and we have been very diligent in monitoring health issues, keeping water containers filled and ensuring toilets are clean.

