



## Completion Report

UGA-WCL-TBB-P01, Mbale, Uganda  
Reporting Period: May 2018 – March 2019

### The Body Books – Mbale, Uganda

**Budget:** Fully funded!

#### The Project:

This project covered the cost of designing, writing, illustrating and editing a reproductive health book *Myths and Truths*, together with a training manual being written called *My Amazing Body*. It follows on from other reproductive health books/resources that Entrust Foundation has assisted with and been so impressed by. *Myths and Truths* is an illustrated book that helps youth learn about sexuality, pregnancy and birth. It is written to suit the Ugandan context by a local Ugandan committee to help youth identify harmful practices and beliefs and provide clear truths about the human body. The material is for sale and is a valuable resource on reproductive health.

#### Update:

- *My Amazing Body* has been very successful with the manual now finished and in use
- A shift in how the book was to be utilised led to the creation of 22 banners to illustrate the book to larger groups and has been a strategic change in the use of some of the funds. It's a good illustration of working together with our partners and being flexible. There is high demand for the banners
- Banners reflect topics such as gender-based violence, early teenage pregnancy and poverty – important and relevant topics to the target groups. These are proving to be a very useful resource in addition to a book in this instance
- Project Manager Fred has been well-utilised in approving and reviewing the production of the banners
- A locked storage cupboard has been invaluable and necessary to keep all materials housed safely
- The *Myths and Truths* book is nearly finished, and funds have been set aside to cover this. It still requires a final medical review. A number of hold-ups due to various circumstances out of our partner's control occurred
- WCFL is now a registered NGO in Uganda and this is a significant milestone that occurred during this project. Entrust will continue to work with the Ugandan team with the Australian partners moving into a coaching role
- About 1200 people per month in villages, prisons and schools are being trained with our partner's materials, a significant and growing demand demonstrating the effectiveness of the training!



**Tom's story:** Tom has two wives, 18 children and 5 grandchildren. The financial burden is overwhelming. In a bid to have more baby boys Tom took a second wife, resulting in many children and many mouths to feed, educate and care for. Tom says, "I wish I had received this training earlier, so that I would understand that each child is a gift, not just boys. I have learnt about family planning now and I encourage the trainers to carry on their work to enable people to make informed decisions in order to reduce the level of poverty. Thank you for helping people to to make responsible, informed decisions to improve their lives and help them shift out of poverty which will enable them to better care for their loved ones."